Vol. 33 Issue 3

March 2025

# ne BENVERN

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.



## Mr. Dooley's St. Patrick's Day Lament

By: Anonymous.

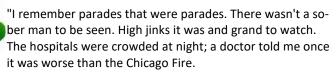
(With this author's apologies to the Irish, of whom he is one, and to the creator of Mr. Dooley, Finley Peter Dunne.)

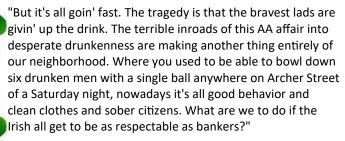
THE Irish'll soon be givin' up havin' their annual parades," said Mr. Dooley.

"What makes you think that?" Mr. Hennessy asked with no air of really wanting to know.



"There are several reasons," Mr. Dooley began. "In the first place, the scholars have demon-sthrated that St. Patrick was no true man of the Irish soil; he was a mere Britisher captured and carried off to the old land as a boy. It's very generous of us no doubt to be celebratin' what he brought us, namely civilization of a kind and religion, but he was not the genuine article, such as you'll find here in Chicago. In the second place, the Irish are gettin' too rich. When people get rich, they hire other people to march in their parades. The old sh-pirit is gone. The good old rowdy ways die out, and you have nothing but this baton-twirling, which is a menace.





Mr. Hennessy looked very unconcerned.

"Thank God for the television," said Mr. Dooley. "It's the last resort of displaced persons. I'll watch the parade on it, and hear those fine Irish announcers tell me about the bands and baton-twirlers from Ioway and the land of Argentinia."

Reprinted with permission AA Grapevine, Inc March 1965

March 1987

## **Up the Down Escalator**

By: S. G. | Manhattan, New York

Saint Patrick's Day in New York City. Just past a year sober, I was finishing up some work in midtown Manhattan as the bagpipes were warming up and the crowds beginning to gather. In an effort to keep order at this traditionally tipsy event, the city had decreed NO BOOZE at, near, or on the way to the parade down Fifth Avenue, Bottles would be confiscated. Arrests would be made.

This ruling wouldn't, have affected me when I was drinking-and not just because "you can't keep a good drunk down." Rather, most of my drinking story--the most painful part at any rate--is a story of control, of concealment, of drinking alone and struggling with denial. Fearful that people (including myself) might think I had a drinking problem, I didn't allow myself the public, and apparently fun-loving, boisterousness associated with events like St. Paddy's Day in New York.

Nonetheless, having just been through a somewhat bumpy AA anniversary, I didn't feel comfortable too close to the great day's emerald green line, so as soon as my work was done, well before the parade began, I headed for the subway

I seemed to be the only person leaving midtown, as crowds hoping for a good spot on the avenue packed the escalator up from the tracks. They all looked healthy, happy, and relaxed--and for a moment, as I stepped, solitary, onto the top of the steep escalator down, I wished I could join their party.

Then I saw him: a young man, slightly mussed, starting to climb up the down escalator. With his right hand, he was pulling on the moving handrail, and though he was far away I could see that in his left hand he held a quart-sized mayonnaise jar containing about an inch of clear liquid. My first thought (in case I should ever forget that I'm an alcoholic!)

(Escalator: Continued on page 2)

7429 W. Greenfield Ave., West Allis, WI 53214, (414) 771-9119



Visit our website at: <u>www.aamilwaukee.co</u>m

was "Poor guy--the parade hasn't even started yet, and he has only an inch of vodka left!" I found myself hoping that he knew what I knew: liquor stores were scarce and bar drinks steep in this highrent district. (And would that jar fool a booze-patrol cop, anyway?)

Riding down, I watched the guy struggle up, stumbling occasionally, but always holding the jar of vodka tight and out of harm's way. How I identified! Not that I had ever shared the same experience-but I knew how he felt about that jar, and how he would feel when the inch was gone. He persisted against all odds, and as he came closer, I could hear his heavy breathing and see the sweat on his face. The crowd on the up escalator was taking great amusement in his efforts, egging him on. But as I stood aside to let him pass me and got a whiff of that "odorless" vodka, I could think only of how he was going to feel later: first desperate for more to drink, then that nausea on the train going home, and then the hangover--and I was overwhelmed by the gratitude that I wouldn't have to suffer those agonies today or tomorrow. Almost immediately, though, I had to laugh--when I realized that the poor suffering sot, having successfully reached the top of the down escalator, had turned around and was riding back down.

"Did it remind you of your drinking days?" a nonalcoholic but understanding friend asked later when she had heard the story.

"Oh, no--I never did anything like that." As soon as that response was out of my mouth, I knew how untruthful it was--accurate, in that I hadn't ever done anything exactly like that, but untruthful, and not just because I had actually identified so strongly with the young "celebrant" and his mayonnaise jar. When I spoke in celebration of my anniversary at an AA meeting a few days later, I told of the St. Patrick's Day experience, and was able to share with other alcoholics the real truth of the matter: That for at least fifteen years of my drinking, I had been struggling and sweating up the relentlessly downward moving escalator of my life, hiding my booze as in his mayonnaise jar (and sometimes actually in mayonnaise jars) but protecting it come what may. And no matter what I did, how close I came to succeeding in controlling my "habit," as soon as I neared the top, I turned around and let myself slide right back down. I never seriously considered the easy, comfortable, and pain-free way of life: to get on the "up escalator" of Alcoholics Anonymous and stop struggling.

Recently, with more sobriety between me and that first sober St. Patrick's Day, I've been, remembering the incident again, and it has taken on some new meaning. There's the AA saying that "the elevator's broken--you have to use the Steps." My growth in sobriety has certainly not been an effortless elevator ride--but it has been, so far, more like a trip up an escalator than a climb up a staircase. For me, a chronic "do-it-myselfer," accepting the fact that AA's Steps don't have to be a single-handed struggle hasn't come naturally. Luckily, early in my sobriety I heard an old-timer say, "I don't work the Steps so much as the Steps work me," and that has been my experience.

I thought, for example, that I was taking the First Step just by coming to meetings and admitting my alcoholism, though my sponsor commented that I hadn't really admitted powerlessness until I could no longer live in the same house with my roommate's alcohol. This second foolish, until one morning, about four months sober, I wanted all that stuff taken out of my space. What a relief! Nor did I identify with the "insanity clause" of the Second Step until I heard repeatedly in meetings the definition of insanity as "repeating the same behavior and expecting different results" (talk about struggling up down escalators!), and I knew I was in the right place. The Eighth and Ninth Steps were ones I was sure I couldn't do, until, fussing over the resentments among my collection of "shortcomings" and "defects," I reluctantly took the suggestion of making an Eighth Step list. Soon afterward, with no further effort, I found myself wanting--becoming willing--to make amends.

Just as putting one foot on an escalator starts me on the ride up, all I need to do to "work the Steps," I've found, is to take a few of the right actions--like going to meetings, talking with my sponsor, listening, following suggestions, sharing - and I am taken where I need to go.

In "How It Works," the Big Book speaks of the many of us who had sought to no avail "the easier, softer way" to solve our problem with alcohol. That young man on the subway escalator, though, was not taking the easy way up to the street. And for me, as one who struggled and sweated for so many years to carry her booze up the down escalator, AA and its Steps are the "easier, softer way."

Reprinted with permission AA Grapevine, Inc March 1987



October 1958

## It All Began In Ulster

By: H. A. | Kilkeel, Northern Ireland

IN Northern Ireland we have eight groups with forty-one members and some lone members. My nearest group, with seven members, is in Downpatrick, twenty-seven miles away, and Belfast, over forty miles away, has forty-one.

I sometimes visit the Downpatrick group. Our meeting is held in an old disused jail which was built probably over 200 years ago. The surroundings are very historical. For instance from the window of our meeting room we ran look down on the grave where Saint Patrick was buried. St. Patrick, as you know, brought Christianity to Ireland in the fifth century. He is reputed, as well, to have banished the snakes from Ireland. How long it took him I don't know but later on the native Irish learned to make poteen (moonshine, to you) and that brought some of the snakes back again. It was not until over 1,400 years later that AA came along--whether that will banish the snakes again as completely as he did I don't know. Your guess is as good as mine. Anyhow we are trying hard.

(Ulster: Continued on page 3)





Over the years there has been much historical importance in the movement of the people of Ulster (Northern Ireland) to the United States. As far back as 1718, five small ships landed 750 Northern Ireland folk in Boston, and from then on several thousand every year went to the American colonies. Soon they formed the advance guard of the great drive to the west, against wild nature and the Indians. At the time of the Declaration of Independence (which composed by Jefferson, was taken down by Charles Thompson, an Ulsterman), about one-sixth of the entire population of the colonies was of Ulster stock . . . Sam Houston of Texas was a County Antrim man, and Woodrow Wilson's grandparents came from Strabano. Ulysses Grant and Stonewall Jackson as well as many others were of Ulster stock so your great country is very closely linked up with Northern Ireland, more so than many people today realize. Even in the present day there is hardly a person in this country who has not a friend or friends in your country . . .

I get a whole host of letters from AA contacts from all over the States. Some of my regular writers are fellows doing time in your prisons, chaps who soon hope with the help of AA to start life in the new.

Reprinted with permission AA Grapevine, Inc. October 1958



March 1951

# A "Narrowback" (Hivven Help Him) Speaks for the Irish

YOU don't have to look at me through green-colored glasses to see that I'm Irish. By name and by features I bear the unmistakable stamp of the Emerald Isle. But to the people of the Ould Sod, I am what they call a 'Narrowback'--one who is born of Irish parentage in this country and considered by them to be Irish in name only.

Consequently, I expect to get my come-uppance for my presumption in acting as their self-appointed spokesman.

The Irish, God love 'em, are first in many things. At times it almost seems that they are first, numerically speaking, in Alcoholics Anonymous. Oh, the legions of Reardons, O'Briens, Flynns, Murphys, O'Reillys, etc., who perforce seek the sanctuary of AA sobriety! God must really watch over the Irish--because he puts so many of them in touch with our wonderful organization.

March 17th celebrates St. Patrick's Day. He, so the legend goes, chased the snakes out of Ireland. But great as was his achievement, AA goes him one better--and covers a lot more territory in the process. It chases the snakes out of the lives of many alcoholics in the United States, Australia, Sweden and in every other country where there is an AA group--even in the self-same Ireland!

Speaking for myself, snakes never bothered me. It was those alcoholic leprechauns--those little 'green men' (not Irishmen) who used to stand outside my door and dare me to come out and fight. D.T.'s, you know! Sure and it wasn't a great day for me to hear those little 'green men' taunting me between hiccoughs (theirs and mine.) But eventually the great day did come! Call it the luck of an

Irishman (once removed)--but AA and I found each other.

When I say I found AA, I mean just that. I pounced on the Program as if I had made a great discovery.

I drank in the words of the members (my first constructive 'drinking,' I might add.) I looked upon each speaker as if he were a football coach saying: 'Come on boys, get in there and fight!' And fight I did. I fought hard against taking the first drink. Pugnacious was the word for me. And I noticed something. I noticed that the Reardons, O'Briens and Murphys--and many of the other Irish who joined AA--gave that first drink one whale of a fight, and generally won out.

Being of Irish descent and belligerent by extraction, I am proud of the success of the Irish with this Program--and their increasing numbers. Once they accept AA, they are forthright and unequivocal, honest and declarative in how it works for them.

That's the Irish way of doing things. If they have an opinion, they express it unmistakably. If they believe in God, they call him God and don't temporize with vague references to a Higher Power.

It's so characteristic of them. When an Irishman gets drunk, he doesn't hide timidly at home behind the curtains or Venetian blinds, or remain speechless at a bar. Brother, he's drunk--and what of it! His behavior is uninhibited and his positive opinions on life, liberty and the pursuit of happiness are outspoken. Naturally, he's the same person in AA. . . only sober!

There are so many Irish in this organization, it reminds me of an old wisecrack (and here's where a shillelagh bounces off my head again): "You don't have to be Irish to join AA--but it helps!"

Reprinted with permission AA Grapevine, Inc. March 1951



February 1958

## A Chip On the Old Block

By: Anon. | Seattle, Washington

### **NO PROBLEM**

NOT LONG AGO two of us called on a chap who needed desperately what AA had to give. Breaking the usual practice, we went at the request of his physician, and without any indication from the man or his family that our visit might be welcome.

All that the doctor could tell us was that his patient was "sympathetic" to the idea of AA. I was hesitant. On the mere premise of "sympathetic" I have been asked to get the hell out, and "who told you I was a--whaddya call 'em?--alcoholic?"

A phone call to his wife brought a lukewarm and guarded response. The prospects for our visit were those which might await an orange tie in a St. Patrick's Day parade. Next, the lady postponed things. It might be "inconvenient."

Finally, we just up and went. The lady hemmed and hawed (if ladies do hem and haw), said her husband was "indisposed" and that she'd see if he'd be "willing" to see us. Right then and there my fur riz.

(Block: Continued on page 4)

It riz still further when both of them (he finally made it down-stairs) appeared to feel that we were "membership salesmen" of some sort, like one of these fraternal field men selling the burial, sickness and brotherhood benefits in the Ancient and Loyal Order of the Mongoose. They seemed guardedly to await the moment when we'd pull out a membership application and suggest that the fee was so much. I sensed condescension, a stand-offish attitude that seemed to suggest "I don't know whether I really care to join your organization at this time."

Now, I've carried a chip on each shoulder for years and years, and they're two of the most delicately balanced chips you ever saw. One of them is marked "AA" because I marked it like that, not because it ought to be.

So when these two took the attitude that my super-charged imagination believed they did, both of those chips began to do a Calypso. It was on my tongue to sound off and tell him: "The heck with you, Jack, we're not asking you to join AA now or any other time, and if you don't like what we're taking all this time and trouble to give you, go count the leprechauns on your bedroom wall."

Fortunately for me--then and all the time--my sidekick is fash-ioned of more stable stuff. He caught the glint in my eye (which also contains a beam and a mote), sent me a semaphore to keep, for once, my wide-screen mouth shut, and proceeded to tell the poor fellow what he wanted to know. (Big, helpful, hotheaded me!)

Later, when the heat in my head had steamed out of my ears, I thought about that business of "membership selling." Well, what the hell else were we doing but just that? We couldn't expect anyone--that man, or his wife--to understand AA when all they knew about it was that it was said to be something to help drunks. Sure we had to sell it, and with all the salesmanship of which we were capable. We had to spell things out patiently to make plain what was so very clear to us. Any Twelfth Step job is hard-sell, samples and all. And you can't leave it in suspended animation; you've got to close the sale. What, for the love of Mike, were we but salesmen? We weren't leaders, we were the field men.

My membership in AA is my proudest possession. I'd like every man or woman with drink trouble to have one of those memberships. So I'm a member. I belong. I'm one of the group, whereas before I was a loner, hermetically sealed against any approach by my fellow man or by those who would help me. I like that word "member."

Last week I saw a man start a fire in his hearth with some chips. As he did it, I thought, "Now, there's a good use for chips. I ought to give him these I have on my shoulder."

If I can't do that, perhaps I'd better keep them where they belong --right on the old block.

P.S. The guy's doing fine in spite of me!

Reprinted with permission AA Grapevine, Inc. February 1958





July 2011

## A St. Patrick's Day Business Trip

By: Dana M. | Lebanon, New Hampshire
An AA uses the tools of the program to stay sober
while traveling with work colleagues

During my drinking days and early recovery I loved to travel. However, I had not ventured further than a day trip from home since my husband had become seriously ill on our last trip five years ago. At that time, he came home by air ambulance and when we were all finally back in New Hampshire, I said "I don't care if I ever leave home again." My life was full with family, friends, work and the program. Although, Recently, I had been questioning what it meant for me to put AA first in my life.

Twenty-five years of going to meetings and working the program had not prepared me for my feelings in anticipation of a business trip to Chicago. The trip was not optional, and I was to travel with a group of eight colleagues who had not overlooked the fact that we were going to be in Chicago over St. Patrick's Day. They took every opportunity to mention that they were looking forward to the green beer and all that it entailed.

Business travel in the ski industry with lots of entertaining and an expense account was an integral part of the last years of my drinking. Since getting sober and establishing a family in early sobriety, my work did not require any overnight travel, nor was I interested in being away from home, family and my AA home group. However, I had flourished in my new field and had earned the opportunity to present as faculty at a national conference.

Leading up to the trip, I found myself with unfamiliar feelings and was surprised when I examined them to discover anxiety mixed with dread. My eager anticipation and excitement for the business trip was not matching reality. I was experiencing a well-remembered, pit-in-the-stomach dread that I had not had for some time. I accepted my fear and talked about it at meetings and with other recovering alcoholics without much relief. I asked a friend who had gotten sober in Chicago for an AA contact name and phone number. I researched downtown Chicago meetings online, printed a meeting list, and made a plan. I studied online maps of the Windy City and decided that The Mustard Seed seemed to be within striking distance of my hotel and offered a variety of meetings. An AA friend confirmed that meetings at the Mustard Seed would be a good option.

On my first morning in Chicago, I ventured out of the hotel and was greeted by a homeless person. He explained that he lived at a shelter, was going to school and needed cash for transportation to a math class. He added that he was sober, pulling out his three year medallion. I pulled out my medallion and gave him some folded money. Since we were walking down the street together, I asked him to point out any nearby AA meeting locations. He obliged and I felt as though God were speaking to me that morning.

The next day, I found a noontime meeting in a church basement around the corner. The hotel concierge had filled me in on the closest meetings. The people were warm and welcoming and I met another sober alcoholic. She was visiting from out of town, staying at the same hotel and attending the same conference! My new friend was twenty years sober and while feeling vulnerable she had poured the contents of the hotel-room mini-bar down the sink the night before. Apparently, I was not so alone. We exchanged phone numbers.

During the rest of my stay, I went to meetings, watched the St. Patrick's Day festivities, and on the last day of the trip, I called that pre-arranged AA contact. Having the phone number of a local Chicago member of Alcoholics Anonymous had felt like having insurance in my pocket. The Chicago contact was expecting my call as his friend in New Hampshire had let him know that I would be visiting the city and would likely call. He was kind and supportive and allowed me to express my gratitude. He demurred, saying that he didn't do anything. But I knew that he provided the back up that I needed. I knew to the core of my being that if I had landed on thin branches while in Chicago and felt any temptation to drink, that I could have called upon him and that he would have been there to help me. For that, I was grateful!

I was trying to relax at the airport in anticipation of going home when out of nowhere a good friend from the program approached me. I leapt out of my seat and gave him a huge hug. My traveling companions raised a few eyebrows but I didn't care. God was certainly taking good care of me on this trip. All I had to do was put AA first.

Reprinted with permission AA Grapevine, Inc. July 2011



March 1980

## An Easier, Softer Way

By: Anonymous | Texas

BECAUSE OF my "creativity" and my "inquisitive" mind--I thought--I was willing to throw any idea out the window if I didn't think the speaker was talking to *me*. In my early days in the Fellowship, I lived with anxiety and resentments.

I tried to offset my ongoing problem with work around AA as group secretary, etc., but that "easier, softer way" didn't work well for me or for the group. I was also jogging to relieve the tension--jogging with seventy physical pounds of excess weight and a spiritual ton of resentments and anxiety. Many months and about 700 panting miles later, I concluded, nursing a sore knee, *surely* there must be "an easier, softer way" than this!

God, in His wisdom, put me in with a group of AAs who were working the Steps. They didn't have self-perpetuating, constant anxiety, nor were they eaten up with resentments. They could drive on the interstate without taking a searching immoral inventory of all the other drivers. They could do absolutely incredible

things, better than leaping tall buildings or outracing fast locomotives. Amazing things like cashing a check at the supermarket by going to the manager's office first; like getting a little ding in the side of the car without losing days to anger and resentment.

These beautiful people said to me, in effect, "If you want what we have, you'll do what we did--work the Steps!" Aha! Here, at last, was the real "easier, softer way"! I did what they did, and I have what they have.

Look at what the program has given me. The day I joined AA, I saw no way to pay off my creditors. Today, I am director of a large savings and loan association. While my debt to AA is astronomical, I owe no money except for a small, current home mortgage.

While drinking, I resigned my part-time teaching job, to the great relief of a junior-college administration. Two years ago, I was a part-time professor at a major state university.

To the best of my ability, I practice the AA principles in all my affairs. I am an active leader in my field of business, a respected member of my church, a vigorous member of my AA group. I am sponsoring five newcomers who are scattered between Steps Five and Ten, and I have a dozen more close friends with whom I've shared all Twelve Steps. My life is good.

A few months before I joined AA, I heard a barroom acquaintance trying to give away some mongrel puppies, and I was afraid to ask for one for my two kids for fear of being refused. In 1978, my divorced sister-in-law was killed in an auto accident. The court took about five minutes to award us a "new" eleven-year-old daughter and a "new" ten-year-old son to go with my after-sobriety daughter, now eleven years old. We want them, and they want us. My Al-Anon wife and I know that great things will come from our expanded family. We have experience, strength, hope, and deep abiding love to share with all. Great pleasure and joy are in store for all of us.

The wherewithal to provide for a wife and five children (one in college) has been steadily coming in. Through the program, we get what we need and find that it is what we wanted all along.

Between the first and second drafts of this article, I had the front bumper of my car ripped off by a lane-changer. I was able to write the cab company and tell them--nicely--that, while their vehicle was at fault, the driver was polite and professional after the wreck. Talk about change! I am grateful to AA, which has completely changed my life.

If I could speak to myself of a few years past, I would say, "Don't throw every new idea out the window. Work the Steps, all twelve, *in order*, and the promises on page 83-84 of the Big Book will come true. And every time you think things couldn't get better-they will get better."

Reprinted with permission AA Grapevine, Inc. March 1980

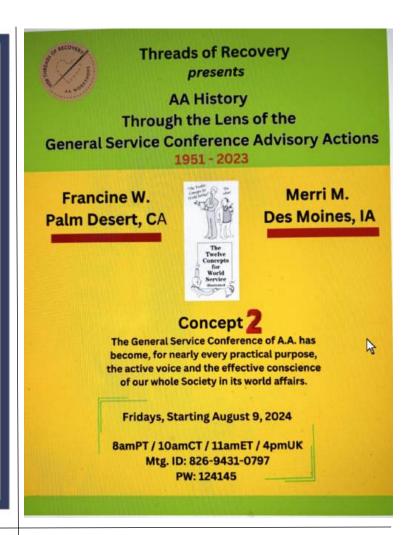


Come Join Our Tuesday Nite Impaired Professional AA Meeting

Tuesday nights at 7:00 The Holy Trinity Lutheran Church 11709 W. Cleveland Ave., Milwaukee

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150. **Hope to see you there!!** 





LGBT AA Meeting
All AA members are welcome
Sunday afternoons at 4pm

located in

MKE LGBT CENTER 315 W Court Street Milwaukee, WI 53212



Accessibility Lift in building and plenty of parking in lot adjacent to the building Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.





# Friday Night Couples in Recovery We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet <u>each Friday of the month</u> beginning April 1st and would like couples or singles working any 12 step program to join us At 7:30 pm









St. Pius Church

2520 N. Wauwatosa Ave. (76<sup>th</sup> St. )

Just north of North Ave.

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

Posted Dec. 2023

### 3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions,

Reprinted with permission AA World Services, Inc. Seventh Tradition Checklist

*Use* <u>VENMO</u> on your smartphone to contribute.



Or Contribute using **PayPal** or your **Credit Card** from our website.

### **MILW. CENTRAL OFFICE**

 E-mail us at: <u>dan@aamilwaukee.com</u>

 Hours:

M - F 9 a.m. to 4:30 p.m. Sat. 9 a.m. - 12 p.m.

- Board of Directors
   Meeting, in-person.
   Wednesday following 2<sup>nd</sup>
   Tuesday (odd months)
   6:30 p.
- A. A. Meetings, Sun. at 9 a.,
   Mon.- Fri. at 12:15 p.,
   Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

### Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St.
   Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

### SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

#### Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others retrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your <u>Central Office</u>. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our <u>CONTRIBUTE</u> button on our website: <u>aamilwaukee.com</u> or use our your <u>VENMO app</u> from your smartphone.

### **Meeting Space Currently Available**

- <u>DryHootch, 4801 W National Ave.</u> Space available various time of day and evening. Call Otis W. 414-336-6576
- West Allis Senior Center, 7001 W National Ave, West Allis WI. Call Shanon at 414-302-8717.
- •<u>Luther Memorial Church</u>, 2840 S 84th St. West Allis WI. Contact by email: <a href="mailto:prviviane28@outlook.com">prviviane28@outlook.com</a>
- •St Peter's Episcopal Church, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: <a href="mailto:christume1@sbcglobal.net">christume1@sbcglobal.net</a>
- Anchor Covenant Church 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

### **Redemptorist Retreat Cen-**

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recov-

ering people. AA and Al-Anon, \$260 three nights. We discuss the 12 steps and related topics.

## 2025 Weekend Retreats Jesuit Retreat House,

4800 Fahrnwald Rd. Oshkosh, WI. WI 54901, call 800-962-7330 jesuitretreathouse.org

## Men and Women in AA, Al-Anon

Total cost: 4 days \$440.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

### ZOOM MEETING NEEDS SUPPORT!

ZOOM At Noon Women's Meeting
Monday, Wednesday and Friday at 12:00 PM (Noon)
https://us02web.zoom.us/j/5877359740?
pwd=RytDa2hWNWczeExqL112SjZFR2dYUT09

By phone, dial 312-626-6799 and enter Meeting ID #

Meeting ID: 587 735 9740 Password: 123456

## DISTRICT MEETINGS

# CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

https://www.area75.org/page/districtmeetings

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

- **3. MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
- **6. WALWORTH CNTY:** 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan
- **10.Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.
- 11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473
- **12. WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037
- 13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
- **14. MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214
- **16. MILWAUKEE CNTY:** 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214
- **23. DODGE CNTY:** Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
- **24. OZAUKEE CNTY:** 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.
- **25. FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.
- **27. MILWAUKEE CNTY:** 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is <u>824 0616 9567</u> the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.
- **28. MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.
- **29. MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
- **32. & 33 WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: 321 751 3275, Passcode: 323232
- **34. WAUKESHA CNTY:** 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <a href="https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09">https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09</a>
- **36. RACINE/KENOSHA:** 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington
- **38. MILWAUKEE CNTY:** Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

### SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

Area 75, Southern WI, Calendar of Events 2025 Madison Senior Center, 330 W Mifflin St, Madison WI. 9 A.M. to Noon except where noted. 2024 Area 75 Fall Conference. Fri Nov 1st to Nov 3rd. Chula Vista Resort, Wisconsin Dells

2025 Winter Service Assembly – January 19 at the Madison Senior Center Delegates Workshop – March 9, at the Madison Senior Center Spring Service Assembly – April 6, at the Madison Senior Center Summer Service Assembly – June 22, at the Madison Senior Center International Conference – July 3-6, in Vancouver, B.C., Canada Fall Service Assembly – September 14, at the Madison Senior Center Area 75 Fall Conference – November 7-9, at Ingleside Hotel, Pewaukee, WI

In-person meetings have started back up in the Area corrections facilities. Contact Eugene "Geno" P., Area Corrections Chair by email; <a href="mailto:corrections@area75.org">corrections@area75.org</a> for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>

- TAYCHEEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: <a href="macccoordinator@gmail.com">mccccoordinator@gmail.com</a> for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: <a href="macccoordinator@gmail.com">mccccoordinator@gmail.com</a> with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

### ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- Area 75 Treasurer: PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 <u>Corrections</u>, <u>Bridging the Gap</u> or <u>Treatment</u> write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- Southern Wisconsin Deaf Access Committee:
   Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

## MEETING ROOMS

**NEW DAY CLUB** 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE

. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic Mon.12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp

Tue. 10:00 a. Topic 8:00 p. Big Book Gp

Wed.10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline

Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting 10:00 a. Topic Meeting 5:30 p. Step/Tradition

8:00 p 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People

8:00 p. Open Meeting (held on 3rd Saturday of month only) AL-ANON MEETINGS Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Wednesday 7:00 p. ACOA
Thursday 7:00 p. Al-Anon

Contact club for information on other fellowships

PASS IT ON CLUB

Milwaukee WI (414) 541-6923 A.A. MEETING SCHEDULE

8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers 7:30 a Jumn Start

10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA 7:30 a. Comir Back Gp 10:30 a. Keep It Simple

4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study 10:30 a. Pass It On

4:00 p. Happy Hr Promises 6:00 p. Courage to Change 7:00 p. We. Us & Ours

7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.

10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird

10:30 a. Happy Joyous Free 7:00 p. Viajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12

**LAKE AREA CLUB** 

N60 W 35878 Lake Di Oconomowoc, WI (262) 567-9912

A.A. MEETING SCHEDULE

8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp

8:00 p. Step/Tradition Study 1:00 p 4:00 p.

7:00 p. Life House Beginners 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p.

8:00 p. 10.00 a

5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525

8:00 p. Grapevine Mtng 12:30 p. 4:00 p.

8:00 p. Old School House 10:00 a. Big Book OPEN AA/Al-Anon

SPEAKER MEETING
Sat. 7:00 p. 2<sup>nd</sup> & 4<sup>th</sup> Saturdays
(AA and/or Al-Anon Speakers)

AL-ANON MEETINGS

7:00 p. Al-Anon 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen **WAUKESHA ALANO CLUB** 

318 W. Broadway Waukesha, WI, 262-549-6541

http://alanoclubofwaukesha.com/

(IP)=In-person,

Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)

Mon. 12:00 p. (IP)

6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)

Tue.

12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP) Thr. 12:00 p. Nooners (IP)

12:00 p. T.G.I.F. Gp (IP) Fri. 6:30 p. Half Measurers (IP) 6:00 a. Early Morning (IP) Sat.

10:00 a. Gp 124 (IP)

OPEN MEETINGS. **DANCES & EVENTS** Call for information. **GALANO CLUB** 

LGBT & All in Recovery 7210 W Greenfield Ave LL Milwaukee, WI 53214,414-276-6936 http://www.galanoclub.org/

(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#

Sunday: (V & IP)

10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon -Papillion Group

Sunday: (V & IP)

4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/ phone/video) 4th Sunday is Open Mtng.

Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/ phone/video)

Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)

Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP) 10:30 a.m. AA Step & Topic

### **NORTHWEST AREA** ALANO ASSOCIATION\*

N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)

### Room 202

### A.A. MEETING SCHEDULE

(V)=Virtual, (IP)=In-person, (V & IP)=Both 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202

7:00 p. Just Do It Gp Rm 202 Mon.

10:00 a. Step

8:00 p. Topic 7:00 p. Step/Topic Wed.

10:00 a. Step 6:00 p. Women's

Fri. 8:00 p. Step/Topic (V & IP)

Sat 10:00 a. Sat Serenity Gp

7:00 p. Simply Sober Gp Rm 202

### AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon 7:30 p. Al-Anon

\*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups, Contact the Northwest Alano Club by mail.

### WALWORTH **COUNTY ALANO CLUB**

611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115. (262) 740-1888

Sunday AA

10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion

Monday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting

Tuesday AA

7:30 a. Sunny Side Up 12:00 p. Delayan Noon Gp.

6:30 p. Delavan 12 Step Topic

Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp.

6:30 p. Delavan IT Meeting Thursday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp

Friday AA

6:30 p. Delavan Big Book Gp. 7:30 a. Sunny Side Up

12:00 p. Big Book Study 6:30 p. Delavan Discussion

Saturday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp 6:30 p. Delavan Beginners Gp. **ALANO CLUB** 

1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102

A.A. MEETING SCHEDULE

7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning

10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book Tue. 7:00 a. As Bill Sees It.

10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. Beginner's Meeting

Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch

6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics

7:00 a. Thr Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch

7:00 p. AA (LGBT) 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch

6:30 p. Here & Now 7:30 p. Men's Zoom Mtng. 12:15 am. Second Shifters (Sat.) 7:00 a. AA Meeting

11:00 a. Gp 87 Step 7:30 p. Open AA Speaker AL-ANON MEETING

Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB 8930 W. National Ave

West Allis, (414) 543-2448

Hours: 9am to 9pm daily. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step

6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp.

8:00 p. New Hope Gp 10:30 P. What's the Point Gp. Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting

Wed.10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going

6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises

9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday

**24 HOUR CLUB** 

153 Green Bay Rd. Thiensville, WI

Web and Facebook Info

### A.A. MEETING SCHEDULE

8:00 a. Topic 10:00 a. Step/Topic

Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's

6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book

6:30 a. Topic Wed. 10:00 a. Big Book

6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad

6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step

> 6:30 a. Topic 8:30 a. Big Book /Steps 10:00 a. Big Book 8:00 p. Open Speaker Mtng. (1<sup>st</sup> Saturday Only)

### In Person AA Groups NEED YOUR SUPPORT

- Sun. 7 p.m. Waukesha Sunday Night Beginner's, Ascen-
- sion Lutheran Church, 1415 Dopp St, Waukesha WI • Sun. 7 p.m. Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- Mon. 7 p.m. Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- Mon. 7 p.m. Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- Wed. 8:00 p.m. Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- Thur. 12:15 p.m. Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- Thurs. 8:00 p.m. Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- Thurs. 8:30 p.m. Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, • Fri. 9:30 p.m. Big Book, Martin Luther Church 9235 W
- Bluemound Rd. Milw. • Sat. 8 p.m. Gp 18, St Luke's, 3200 S Herman, Bay View, WI

## MEETING ROOMS

### **UNITY CLUB** 1715 Creek Rd

West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com

### AA MFFTING SCHEDULF

Sun. 10:30 a.\* Gratitude Gp. 7:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's

Tue. 10:00 a. Tuesday A.M. 6:00 p. More About 12&12 7:30 p. Beginner's

Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456

Thr. 10:00 a. Big Book

10:00 a. Step/Topic Gp Fri. 6:00 p. Big Book

10:00 a. Here & Now 700 p. 12 Step Meeting

### AL-ANON & ALATEEN MTNGS

9:00 a. Al-Anon 7:15 p. Al-Anon Thursday

Open Mtng. 3rd Sunday of month

### FRIENDSHIP CLUB

2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033

Fmail:

friendshipinc@sbcglobal.net

### AA MEETING SCHEDULE

#### Sunday

10:00 a. Friendship 11:00 a. Third Sunday Open Meeting

### Monday

10:30 a. Step Gp

Tuesday

7:00 p. Gp 43 Big Book Saturday

10:30 a. Gp 112 Step Call for information on other types of meetings.

Email:

friendshipinc@sbcglobal.net

### TRI-COUNTY UNITY CLUB

110 S 2nd St. Watertown WI www.tricountyunityclub.com Sunday 11:00 a. Big Book Study 6:30 p. New Beginners

7:00 p. Spanish Nuevo Amanecer Monday 10:00 a. Eye Opener Grp. 7:00 p. As Bill Sees It Tuesday 7:00 p. Keep It Simple

7:00 p. Spanish Nuevo Amanecer Wednesday 10:00 a. New Freedom 7:00 p. Lost In Woods (Women) Thursday 10:00 a. Thur. Morning 7:00 p. Spanish Nuevo Amanecer 8:00 p. Big Book Group

Friday 4:30 p. Friday Happy Hour 7:00 p. Reality Check

Saturday 10:00 a. Morning Group 8:00 p. Saturday Night Open Mtng

### **BEAVER DAM ALANO CLUB**

115 N Lincoln St. Beaver Dam WI 53916

Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m.

Fri: 12 Noon & 6 p.m. Sat: 12 Noon & 7 p.m. Open

#### **MILWAUKEE GROUP** Center St, Milw WI 53212. A.A. MEETINGS 933 E

10:00 a In-person 8:30 p. In-Person 5:30 p. In-Person Mon. 7:00 p. In-Person 8:30 p. In-Person

Sun.

Tue.

8:30 p. In-Person Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person Wed.

8:30 p. In-Person 7:00 p. In-Person

7:00 p. In-Person

Thur. 8:30 p. In-Person 7:00 p. In-Person Fri. 30 p. In-Person

Sat. 8:30 p. In-Person

### Milwaukee Central Office

7429 W Greenfield West Allis WI 414-771-9119 A.A. MEETINGS

Sun. 9:00 a. Gp 10 Sunday Mon. 12:15 p.

Tue. 12:15 p. Wed. 12:15 p. Thur. 12:15 p.

Fri. 12:15 p Sat. 9:15 a. 1st Step 10:30 a.

We do not meet on major holidays.

### LIGHTHOUSE ON DEWEY

1220 Dewey Ave. Wauwatosa WI

### **AA MEETINGS** Sunday

6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room Monday

7:30 p. Laughs/Leisure

#### Tuesday

6:00 p. 11th Step Meditation 7:30 p. Professionals

### Wednesday

7:30 p. Presidents Hall 8:00 p. "RES-IPSA"

### Thursday

7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59

### All Saint's Cathedral

818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober

Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp.

Sat: 10:30 a.m. Men's Gp.

### JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of \$1 for each year of Sobriety- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office" Memo: Birthday Club 7429 W Greenfield Ave West Allis WI 53214



Payment/Contribution: using VENMO or from our website, using Credit Card or PayPal.

Zip

enclosed.

I will have years on

Name Address

State

Phone: ( )

Email:

City

Home Group:



Home Group Years Name 24 (3-31-2001) Fran M. W.E.L.L. Group 48 (3-20-1977 Houston S. Group 56, Thursday 35 (3-12-1990) Tom W. **Turning Point Sunday** 40 (3-18-1985) Annette C. Women's Lifeline Wed.



## Brown Bag Meeting, Wednesdays @ The H.O.W. to Club





### Open Meeting/Bring Your Own Lunch

This is an open meeting where you bring your own lunch but please purchase your drinks at the club.

Wednesdays, Starting 11/6/24

Meeting time @ 12:30-1:30

HOW to Club - 8930 W National Ave, Milwaukee, WI 53227 Contact Rick H. For more information: 262-758-4705



### NEW WOMEN'S AA MEETING

### GIRLS JUST WANNA HAVE FUN

Starts Wednesday December 4<sup>th</sup>
6:30 PM

Mt Olive Lutheran Church 211 Main St. Mukwonago

Enter through the South door from the parking lot



**Financial News:** Please remember our tradition of <u>self-support</u>. If you wish to contribute to the Central Office, you can now use <u>Venmo</u> from your smartphone.

## @MilwaukeeCentralOffice-AA

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)
If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code To Contribute Using VENMO



# NEW MEETING ANNOUCEMENT The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. Are you ready for the next frontier?

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where: St. John's Lutheran Church, 20275 Davidson Rd, Brookfield WI

# GREATER MILWAUKEE CENTRAL OFFICE HOSTING

# SPRING THING

DINNER AND OPEN SPEAKER MEETING

SATURDAY, APRIL 26, 2025

HOSPITALITY: 5:30 PM, DINNER: 6:15 PM AA SPEAKER: 7:30 PM,

MIKE O. (ELM GROVE LIVING SOBER GROUP)

MILWAUKEE ELK'S LODGE #46 5555 W. Good Hope Rd, Milwaukee, 53222

SEATING IS LIMITED: \$25.00 PER PERSON

Cut-off date for tickets Monday April 21, 2025.

Buffet menu, with a bunch of stuff.

Tables of 8. If you want to sit together, get your tickets together.

Proceeds to support Milwaukee Central Office.

Tickets by mail, \$25.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119
Call or email for more information: dan@aamilwaukee.com

Pay by check or credit card, Visa/l Card Number		
Name	Phone	CVC#
Address		Zip Code
E-mail Address:		<u>-</u>
Number of ticketsX \$25.	00= \$	Tables of 8. If you want to sit together, get your tick-
Tax deductible donation to Greater Milwaukee Central Of	ffice+ \$	ets together.
Check or Credit Card Total	= \$	Et a con